

Making a difference together

Knowles Centre Inc. is a registered not-for-profit agency. We depend on a variety of funders to support our programs including the provincial and federal governments, the United Way of Winnipeg, and a partnership with the River East Transcona School Division. Generous contributions from individuals, businesses, community groups fund our support programs and facility costs.

Charitable registration no. 11898 4624 RR0001



Council on Accreditation

We are proud to be one of the few agencies in Manitoba accredited by the Council on Accreditation. This affirms that we meet a set of internationally established requirements that help ensure quality service and best-practice standards, and provides assurance that we are providing services that the community needs, conducting operations effectively, and managing funds wisely.



Mission

Helping young people and their families to fulfill their potential

Vision

Building relationships, realizing potential, enhancing resiliency, instilling hope

Value Statements

We believe in:

- the right to a safe, stable, nurturing, and healing environment;
- the right to be treated with dignity and respect;
- the uniqueness and strength of individuals;
- providing individuals with the skills needed to make positive choices;
- healthy relationships;
- meeting the spiritual and cultural needs of individuals;
- the importance of family;
- assisting individuals to achieve independence in the community;
- promoting best practices; and
- advocating for individuals.

For more information, contact us at:

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Here to Help



A path to a better future

For over 100 years, Knowles Centre has been making a difference in the lives of young people and their families.

Throughout this time, the heart of our mission has always been to help all who come through our doors to find a better life.

Today, Knowles Centre offers a range of therapeutic and skills-based programs that help young people and their families to address past struggles, develop better relationships and healthier lifestyles, and reach their full potential in the future.



Providing a continuum of care

The **Group Care Treatment Program** provides a safe place for youth ages 12 to 17 to live while they receive the support to deal with issues they are facing, often rooted in past trauma and abuse. Youth in this program live in one of our treatment homes, on-site or in the nearby community, and receive multi-disciplinary intervention including youth care, recreation, and clinical services.

The **Treatment Foster Care Program** brings together professional services for children and youth with the strengths of caring individuals or families from the community. Children in the program range from birth to 17+ years, and can often be placed with siblings.

The **Supported Advancement to Independent Living (SAIL) Program** assists youth who are “aging out” of the child welfare system. The three-stage program begins by helping youth prepare to move into his or her own supervised apartment. Once there, he or she can develop the skills needed to live independently in the community. After youth leave the SAIL apartment, staff are available to provide ongoing support for a period.

The **Day Treatment Program** is offered in partnership with the River East Transcona School Division. Students attend John G. Stewart School, located on the Knowles Centre grounds, and work with clinical therapists and a support worker to identify and address their behavioural and emotional problems.

The **Sexual Abuse Treatment Program** is a community-based program for children ages 4 to 21+ and their non-offending family members who have been impacted by sexual abuse. The program uses play and art therapy techniques, individual, and family counselling to help clients cope with past experiences in a positive way.



Support programs complement of our core services

Many clients attend **John G. Stewart Camp** located in Manitoba’s Whiteshell Provincial Park each summer. For many, it is the first time they will paddle a canoe, swim in a lake, catch a fish, or spend the night outside the city. Camp helps to raise spirits and remind all there is so much to look forward to in life.

The **Biimautaziwin Aboriginal Cultural Program** helps clients explore Aboriginal culture through healing circles, sweat lodge ceremonies, traditional crafts, and storytelling. The programs are led by experienced cultural leaders with help from elders, traditional healers, and First Nations community members.

A **Culinary Arts program**, offered in partnership with John G. Stewart School, combines education, training, and experience to prepare students for future employment in a restaurant kitchen. In addition to vocational skills, clients will develop personal skills necessary to gain and maintain employment

Casual and organized **recreation opportunities** in every program strive to break down barriers and building friendships.

Outreach services extend the effectiveness of programs beyond our campus and into the community.