



About Knowles Centre

Mission

Helping young people and their families to fulfill their potential

Vision

Building relationships, realizing potential, enhancing resiliency, instilling hope

Value Statements

We believe in:

- the right to a safe, stable, nurturing, and healing environment;
- the right to be treated with dignity and respect;
- the uniqueness and strength of individuals;
- providing individuals with the skills needed to make positive choices;
- healthy relationships;
- meeting the spiritual and cultural needs of individuals;
- the importance of family;
- assisting individuals to achieve independence in the community;
- promoting best practices; and
- advocating for individuals.

For more information, contact us at:

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Fax: (204) 334-4173

Email: info@knowlescentre.org

Web: www.knowlescentre.org



Making a difference together

Knowles Centre Inc. is a registered not-for-profit agency. We depend on a variety of funders to support our programs including the provincial and federal governments, the United Way of Winnipeg, and a partnership with the River East Transcona School Division. Generous contributions from individuals, businesses, community groups fund our support programs and facility costs.

Charitable registration no. 11898 4624 RR0001

Council on Accreditation

We are proud to be one of the few agencies in Manitoba accredited by the Council on Accreditation. This affirms that we meet a set of internationally established requirements that help ensure quality service and best-practice standards, and provides assurance that we are providing services that the community needs, conducting operations effectively, and managing funds wisely.

Here to Help

A path to a better future

For over 100 years, Knowles Centre has been making a difference in the lives of young people and their families.

Throughout this time, the heart of our mission has always been to help all who come through our doors to find a better life.

Today, Knowles Centre offers a range of therapeutic and skills-based programs that help young people and their families to address past struggles, develop better relationships and healthier lifestyles, and reach their full potential in the future.



Providing a continuum of care

The **Healing Homes Program** provides a safe place for youth ages 12 to 17 to live while they receive the support to deal with issues they are facing, often rooted in past trauma and abuse. Youth in this program live in one of our on-site or community healing homes, and receive multi-disciplinary intervention including youth care, recreation, and clinical services.

The **Treatment Foster Care Program** brings together professional services for children and youth with the strengths of caring individuals or families from the community. Children in the program range from birth to 17+ years, and can often be placed with siblings.

The **Supported Advancement to Independent Living (SAIL) Program** assists youth who are “aging out” of the child welfare system. The three-stage program begins by helping youth prepare to move into their own supervised apartment. Once there, they can develop the skills needed to live independently. After youth leave the SAIL apartment, staff are available to provide ongoing support for a period.

The **Day Treatment Program** is offered in partnership with the River East Transcona School Division. Students attend John G. Stewart School, located on the Knowles Centre grounds, and work with clinical therapists and a support worker to identify and address their behavioural and emotional problems.

The **Sexual Abuse Treatment Program** is a community-based program for children ages 4 to 21+ and their non-offending family members who have been impacted by sexual abuse. The program uses play and art therapy techniques, individual, and family counselling to help clients cope with past experiences in a positive way.



Moving Forward is a community-based counselling program open to young people ages 12 to 21+ who are dealing with mental health challenges, as well as emotional or behavioural issues arising from current and past experiences. The program also works with the families and/or caregivers of young people registered in the program. Moving Forward is offered on a fee-for-service basis.

Knowles Centre has developed **community partnerships** with local school divisions to provide services to students in the convenient, familiar environment of their school. These partnerships include counselling, group sessions and more. Knowles Centre is open to exploring opportunities with other partners.

Support programs complement of our core services including:

- Knowles' camp located in the Whiteshell Provincial Park each summer remind all there is so much to look forward to in life.
- Casual and organized recreation opportunities strive to break down barriers and build friendships..

Our Biimautaziwin Cultural Indigenous support helps clients from all our programs to explore Indigenous culture through a variety of traditional teachings, ceremonies, and contemporary activities which are led by experienced cultural leaders.