# **Knowles Centre Mental Health Week Bingo**

## How to play

BINGO is back! Here is your personal "Knowles Centre Mental Health Week" bingo card. Hold on to it; replacements won't be issued!

Starting Monday, May 1, five bingo health & wellness words will be posted each day (Monday to Friday) at 3:00 p.m. at www.knowlescentre.org/events.php

Check your card! Mark off any words on your card that match the exact words called. Be sure the square can still be read so the card can be verified if it is a winner.

Think you have a winning card? Call 431-441-9053 or email info@knowlescentre.org by 12 noon sharp the next business day. Be sure to quote your card number and bingo arrangement (e.g. Lucky 7) that you marked off.

## **Games and Prizes**

### **Grand Prize**

Full house (1 x \$100 Amazon gift card)



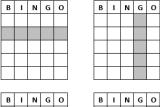
One winner only; the grand prize winner may have won a secondary prize previously, but may not claim a second prize along with the grand prize.

Secondary prizes (each card may only claim one secondary prize)

# One line in any direction

(3 x \$20 Amazon gift cards)

# Examples:



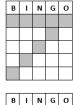
В	1	N	G	0



# Lucky 7

(2 x \$50 Amazon gift cards)

#### One as shown:





B I N G O





### Four corners

(3 x \$20 Amazon gift cards)



### Small house

(2 x \$40 Amazon gift cards)



### **Diagonal cross**

(2 X \$50 Amazon gift cards)



## Selecting the winners

The winners will be decided based on who completed their card first, and in some circumstances will be dependent on the order the words drawn. In case of a tie, a draw will be made to select the prizes awarded among the winning cards for that prize.

Keep your card. The game will continue until the grand prize is won. If the grand prize is won before all secondary prizes are awarded, a draw will be held of all Knowles Centre employees (who haven't already won) to award the remaining prizes.

## The small print

Prizes must be taken as awarded. No exchanges; no substitutions; no cash value. Prizes will only be awarded to the registered card holder.

Only current employees are eligible to win. Current employees include those who have worked in the last six weeks prior to May 1 (and have not official left employment with Knowles Centre) or who have been scheduled to work during the period that the bingo game takes place.

All the squares contain a quote about positive mental health. Staff who are struggling with a mental health issue are encouraged to speak with someone: a professional in the community, a family member or friend, or a trusted supervisor or co-worker.