

Educational Assessment

A 30-day assessment period begins once the student has been admitted to the program. The initial task is to establish starting points in various subject areas, identify specific behavioral goals for each student, and begin the process of developing an appropriate long-range plan.

The 30-day assessment period is followed by a conference involving the student, school personnel, the Knowles Centre therapist, the Day Treatment support worker, and the parents or agency. The conference allows the opportunity for all concerned to participate in the development of the treatment plan and individualized educational plan for the student.

Each of these plans will be reviewed at regular six-month intervals with the hope that the student will ultimately be reintegrated into a school setting in the community.

Once the student becomes involved in both the educational and treatment components of the program, there is a need to coordinate both aspects of this service. This is accomplished by the therapists and the Day Treatment support worker being regularly involved in the teachers' morning meeting, as well as bi-weekly team meetings to discuss students' progress. The therapists also have contact with the teaching teams outside classroom time, where they discuss treatment approaches and the students' progress.

Referrals to the Day Treatment Program

Students may be referred to the Day Treatment Program by their current community school principal. Students must be enrolled in the River East Transcona School Division at the time of referral.

Referrals are made to the Chairperson of the Divisional Screening Committee. The Committee includes members from the River East Transcona School Division, Child Guidance Clinic and Knowles Centre.

The Committee reviews referrals in regards to their appropriateness for alternative programs, as well as establishing waiting lists for the various treatment resources.

The Screening Committee meets approximately once each month.

About Knowles Centre Inc.

Knowles Centre is a community-based, non-profit social service agency for children, adolescents and young adults facing difficult times in their lives. It began as a home for boys in 1907, and today, provides group care treatment, treatment foster care, independent living, day treatment and sexual abuse treatment programs plus a range of support services to young people from Manitoba and other communities throughout Canada.

We offer a range of therapeutic and skills-based programs that help young people and their families to address past struggles, to develop healthier relationships and ways of life, and to reach their full potential in the future.

Knowles Centre is a registered, non-profit, charitable organization and is governed by an elected Board of Directors. Knowles Centre is accredited by the Council on Accreditation.

For more information contact:

The principal at your local school in the River East Transcona School Division, or:

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KNOWLES CENTRE INC.

Helping Individuals Find Their Path:
Yesterday, Today and Tomorrow

A young person with dark hair, smiling broadly, wearing a dark blue zip-up jacket and large silver headphones. The background is a soft, out-of-focus yellow and green.

Day Treatment Program

Day Treatment Program

Knowles Centre and the River East Transcona School Division have partnered to provide an intensive joint day treatment and education program.

The Day Treatment Program is directed toward adolescents experiencing emotional and behavioral difficulties in school and the community. These students would benefit from the individualized academic and treatment aspects of the program.

Target Population

The program is available to adolescents aged 11 to 17 who are living at home, in foster care, or in a group home.

The students accepted for admission into the Day Treatment Program are typically experiencing needs that are beyond the resources of the catchment school. These students require a daily structured program that includes individual treatment, family therapy, individualized educational programming and recreation activities.

Goals & Objectives

The goals and objectives of the Day Treatment Program are:

1. To provide an intensive and individualized academic and treatment program to students who have difficulty functioning in the mainstream or a special placement in their community school.
2. To provide a thorough assessment to facilitate the development of a day treatment plan specific to the educational, emotional and social needs of each student.
3. To ensure that students acquire adaptive skills, improve their interpersonal relationships, increase their motivation to learn, and enhance their self esteem.
4. To ensure that students are offered the joint resources of Knowles Centre and the River East Transcona School Division in a manner that allows for a successful transition back to a community-based school, or an appropriate alternative.
5. To network with all other agencies and institutions involved in the life of each student and family.

Clinical Services

Assessment

- Psycho-educational assessments, as required
- Individual and family assessments
- Development of an individualized clinical treatment plan
- Psychiatric consultation with the Knowles Centre consulting psychiatrist, as required

The assessment and treatment plans provide an overview of the student's time in the program and focus on individual, family, and school functioning. An attempt is made to identify areas of concern and to outline methods and approaches to address these issues. The information and treatment formulations developed at this point are shared with the student and his or her family at an assessment conference and help shape the treatment discussions with school personnel.

Clinical Treatment

- Individual treatment
- Family treatment
- Group treatment

All day students have the opportunity to become involved with several treatment modalities, including individual, family and group therapy. Students may also take part in the Biimautaziwin Cultural Program.

Weekly meetings between the therapist and student focus on issues identified in the treatment plan. Additionally, a partnership is established between the student's family and the program. Treatment evolves from a process of engagement and assessment to solution-oriented interventions that support and enhance the integrity and well being of the student and the family.

Academic Program

Classroom Component

Students in the Day Treatment Program attend the John G. Stewart School located on the grounds of Knowles Centre. The classroom schedule follows the traditional school calendar with classes held Monday to Friday and breaks in July and August.

Students are placed in one of five classrooms based on their age and level of academic skills, as well as amount of support required within the classroom.

Academic classes in the four core courses are delivered by a teacher, with paraprofessional support, to classes of 8 to 12 students. Students also have daily access to a computer lab, physical education, and creative arts.

As well, students may move to the Culinary Arts program, where they earn school credits and prepare for future employment.